

FAT-FREE SEWERS

How to Prevent Fats, Oils, and Greases from Damaging Your Home and the Environment

Fats, oils and greases aren't just bad for arteries and waistlines; they're bad for sewers, too.

Grease comes from meat fats, lard, oil, shortening, butter, margarine, food scraps, baking goods, sauces and dairy products. When washed down the sink, grease sticks to the insides of sewer pipes (both on your property and in the street). Over time, it can build up and block the entire pipe.

- ✘ The results can be raw sewage overflowing in your home or your neighbor's home.
- ✘ You may have to pay for an expensive, unpleasant cleanup.
- ✘ Raw sewage may overflow into parks, yards and streets.
- ✘ Worst of all, you may come in contact with disease-causing organisms.

What can you do to help?

- ✓ Never pour grease down sink drains or into toilets.
- ✓ Scrape grease into the trash for disposal.
- ✓ Put baskets/strainers in sink drains to catch food scraps and other solids.
- ✓ Speak with your friends and neighbors about how to keep grease out of sewers.

What about restaurant and building owners?

For a grease trap or interceptor to work correctly, it must be properly:

- ✓ designed to handle the amount that is expected;
- ✓ installed (level, vented); and
- ✓ maintained (cleaned and serviced frequently).

Prevent fats, oils and greases from damaging your home and the environment.

(from FAT-FREE SEWERS, Water Environment Federation, 2000)

Nu uh uh! Don't toss this brochure!

It contains important loose leaf and solid waste collection schedules.

This information will be provided in
an alternate format for people
with visual impairments.

Published by the
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336.883.3289 www.highpointnc.gov
October 2011

COLLECTION SCHEDULES

2011-2012

LOOSE LEAF CURBSIDE COLLECTION

The City of High Point will begin collecting loose leaves from the curb in mid-November. To find out when leaf crews will be in your neighborhood, check the chart below.

Please note that we cannot predict which day of the week we will be on your street, so have your leaves at the curb on Monday by 7 a.m.

If you'd prefer, you can place your leaves in clear plastic bags at the curb, and we'll collect them on your regular solid waste collection day.

<u>Solid Waste Collection Day</u>	<u>Loose Leaf Collection Weeks</u>
■ Wednesday	Monday, Nov. 14, 2011 Monday, Jan. 2, 2012
■ Thursday	Monday, Nov. 28, 2011 Monday, Jan. 9, 2012
■ Monday	Monday, Dec. 5, 2011 Monday, Jan. 16, 2012
■ Tuesday	Monday, Dec. 12, 2011 Monday, Jan. 23, 2012

INSIDE: Solid Waste Collection Schedule,
Fall Leaves Tour, and N. C. Marathon



City of High Point

SOLID WASTE COLLECTION SCHEDULE DURING HOLIDAY WEEKS

Holiday Dates

Collection Days

- ▲ Thanksgiving Day 2011 -- Thursday & Friday, Nov. 24 & 25 Monday, Tuesday, Wednesday, Friday
- ▲ Christmas 2011 -- Friday, Dec. 23 (*no change*). Monday, Tuesday, Wednesday, Thursday
- ▲ Christmas 2011 -- Monday, Dec. 26. Tuesday, Wednesday, Thursday, Friday
- ▲ New Year's Day 2012 -- Monday, Jan. 2 Tuesday, Wednesday, Thursday, Friday
- ▲ MLK Day 2012 -- Monday, Jan. 16 Tuesday, Wednesday, Thursday, Friday
- ▲ Easter 2012 -- Friday, April 6 (*no change*). Monday, Tuesday, Wednesday, Thursday
- ▲ Memorial Day 2012 -- Monday, May 28 Tuesday, Wednesday, Thursday, Friday
- ▲ Independence Day 2012 -- Wednesday, July 4 Monday, Tuesday, Thursday, Friday
- ▲ Labor Day 2012 -- Monday, Sept. 3 Tuesday, Wednesday, Thursday, Friday
- ▲ Thanksgiving 2012 -- Thursday & Friday, Nov. 22 & 23 Monday, Tuesday, Wednesday, Friday
- ▲ Christmas 2012 -- Monday & Tuesday, Dec. 24 & 25 Monday, Wednesday, Thursday, Friday
- ▲ New Year's Day 2013 -- Tuesday, Jan. 1 Monday, Wednesday, Thursday, Friday

Clip and save this information!

Holiday schedule changes for solid waste collection and other city services are also posted on the city's website--www.highpointnc.gov-- and on Time-Warner Cable Channel 8.

Fall Leaves Tour on High Point City Lake's Excursion Boat with "color commentary" by Piedmont Environmental Center staff

602 W. Main St., Jamestown ● Saturday & Sunday, Oct. 22 & 23, Oct. 29 & 30, Nov. 5

Saturdays: on the hour from 1- 5 p.m. ● Sundays: on the hour from 2- 5 p.m.

Fee: \$4/person (*minimum age is 4*) ● Reservations (*required*): 336.883.3498

UnitedHealthcare North Carolina Marathon (a Boston Marathon qualifier) and BB&T Half Marathon plus 5K Run/Walk

Jim Morgan, 2011 Honorary Chair

Saturday, Nov. 19
Showplace, downtown High Point

7 a.m. – Shaggin' at the Start Line
to your favorite beach music

8 a.m. – Marathon & Half Marathon start

8:30 a.m. – 5K Run/Walk start

Children's Activity Zone
(inside Showplace)

Finish Line Celebration – live entertainment
by Soul Biscuit, food vendors

Benefitting: Foster Friends of North Carolina,
Guilford Education Alliance, HPU Panther
Club, JDRE, Kids Path, Make a Wish, The Ricky
Proehl Power of Play Foundation, Our Lady
of Grace Catholic School, United Healthcare
Children's Foundation

Information

www.ncmarathon.org or 336.834.9919

Sponsored by: United Healthcare, BB&T, Foster Friends of North Carolina, VF Jeanswear, High Point Convention & Visitors Bureau, City of High Point, Allergy & Asthma Center of North Carolina, Greensboro Convention & Visitors Bureau, Omega Sports, Natty Greene's Brewing Co., Banner, High Point University, budgetwrap, New Balance, Fairway Outdoor Advertising, FM Talk 101.1, Showplace, TCTC, Krispy Kreme, Bush Family Fund, Primo and Pepper Moon Catering