



FOR IMMEDIATE RELEASE

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HIGH POINT PUBLIC LIBRARY TO HOST VIRTUAL BRAIN INJURY WORKSHOP

HIGH POINT, N.C. (March 19, 2021) – As a part of Brain Injury Awareness Month, the High Point Public Library is hosting Brain Injury 101, an awareness and prevention virtual program to help educate the community about brain injury through Zoom, on Tuesday, March 23, 2021, at 2 p.m. This free program will be provided by the Brain Injury Association of NC.

CDC defines a traumatic brain injury (TBI) as a disruption in the normal function of the brain that can be caused by a bump, blow or jolt to the head, or penetrating head injury. Everyone is at risk for a TBI, especially children and older adults.

Over 1.5 million Americans sustain a Traumatic Brain Injury (TBI) each year, and more than 5 million Americans live with long-term disabilities as a result of brain injury.

To attend, contact Maxine Days for access to the Zoom link at maxine.days@highpointnc.gov or 336.883.3646.

The High Point Public Library is a department of the City of High Point and is located at 901 North Main Street. High Point Public Library is committed to nurturing the joy of reading, sharing the power of knowledge, strengthening the sense of community and enhancing economic and cultural vitality.

The City of High Point aims to serve as the catalyst for bringing together the community's human, economic and civic resources for the purpose of creating the single most livable, safe and prosperous community in America. For more information on the City, visit www.highpointnc.gov.

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