



**FOR IMMEDIATE RELEASE**

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## **HIGH POINT PUBLIC LIBRARY TO HOST FREE HEALTH FAIR**

**HIGH POINT, NC (February 3, 2017)** – The High Point Public Library will host free health screenings from 10:00 a.m. to 1:00 p.m. on Wednesday, February 22, in the Morgan Community Room on the first floor, 901 N. Main Street. Health professionals from High Point Regional Health System and UNC Health Care will provide blood pressure, weight and BMI screenings. The screenings will be performed on a first-come, first-served basis. No preregistration is required.

This event continues the High Point Public Library's focus on health along with the "Go Red for Women" national campaign for heart disease awareness during the month of February.

For more information, contact Maxine Days at 336.883.3671 or [maxine.days@highpointnc.gov](mailto:maxine.days@highpointnc.gov).

*The High Point Public Library is committed to nurturing the joy of reading, sharing the power of knowledge, strengthening the sense of community and enhancing cultural and economic vitality. The library, a department of the City of High Point, is located at 901 N. Main Street.*

*The City of High Point aims to serve as the catalyst for bringing together the community's human, economic and civic resources for the purpose of creating the single most livable, safe and prosperous community in America. For more information on the City, visit [www.highpointnc.gov](http://www.highpointnc.gov).*

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